

Woodhouse Primary School
PE Curriculum Overview 2023-2024

Our Values & Ethos

Vision

At Woodhouse Primary School we aim to provide a welcoming, safe and caring environment where everybody is encouraged and enabled to become successful, resilient and confident learners.

We have high expectations and work collaboratively enabling our pupils to have a good understanding of the world in which they are growing up. We encourage our pupils to think for themselves and respect others, thus enabling them to build on their growing knowledge and be responsible, self-assured citizens.

The PE curriculum at Woodhouse is designed to inspire all pupils to participate, excel and succeed in physical activities and competitive sport. We provide opportunities for all pupils to become physically confident and have a good understanding of their health, fitness and wellbeing. From the onset of their school journey up to leaving Woodhouse, pupils develop their fundamental movement skills (balancing, jumping, throwing etc.), apply these to a sporting situation and understand the importance of teamwork and sportsmanship enabling for a life-long love for sport.

Each half term, the curriculum focus links to one of the six school aims: Be United, Be Creative, Be Bold, Be Safe, Be Healthy and Be Caring.

Be United

To celebrate our social and cultural diversity so that everyone feels valued and respected.

- *Team competitions (football, netball, gymnastics, orienteering)*
- *Y6 war dances (Based on the New Zealand Haka)*

Be Creative

To offer a curriculum which is relevant and creative; promoting high quality learning which challenges and develops all our pupils' talents and gifts enabling them to reach their full potential.

- *Dance curriculum linking to other aspects of the curriculum (Y1 Lifecycle of a Penguin)*
- *Gymnastic routines (Y5 create their own routines and sequences)*

Be Bold

To provide learning experiences, both inside and outside the classroom, which promote and develop pupils' independence and resilience.

- *Y5 visit ROKT (rock climbing gym) and Y6 visit Utopia (gymnasium)*
- *YR-6 orienteering topic-based activities around the school grounds*

Be Safe

To provide a caring, secure and nurturing environment where all can learn, work or play with confidence.

- *Y4 water safety topic*
- *Team games provide for the importance of sportsmanship*

Be Healthy

To provide opportunities for pupils to develop healthy lifestyles and thereby promote physical, spiritual and emotional well – being.

- *'Think Gr8 Feel Gr8' week*
- *Before and after school sports clubs*

Be Caring

To respect and value ourselves and others in the community by displaying positive attitudes, pride in our school, appreciation of each other and challenging negative influences and behaviour.

- *Sports Ambassadors in Y5 and Y6*
- *Y5 and Y6 team building*

Year Group Summary

<u>Year</u>	<u>Term</u>	<u>Indoor</u>	<u>Outdoor</u>
R	Autumn 1	Movements	Outdoor Play and Games
	Autumn 2	Dance	
	Spring 1	Gymnastics	
	Spring 2	Dance	
	Summer 1	Orienteering	
	Summer 2	Athletics	
1	Autumn 1	Gymnastics	Throwing and Catching
	Autumn 2	Yoga	Bat and Ball Skills
	Spring 1	Dance	
	Spring 2	Gymnastics	Orienteering
	Summer 1	Zumba	
	Summer 2	Fitness Drills	Athletics
2	Autumn 1	Dance	Throwing and Catching
	Autumn 2	Gymnastics	Bat and Ball Skills
	Spring 1	Gymnastics	
	Spring 2	Dance	Orienteering
	Summer 1	Zumba	
	Summer 2	Fitness Drills	Athletics
3	Autumn 1	Dance	Basketball
	Autumn 2	Gymnastics	Hockey
	Spring 1	Dance	Cricket
	Spring 2	Zumba	Tennis
	Summer 1	Gymnastics	Orienteering
	Summer 2	Circuits	Athletics
4	Autumn 1	Dance	Basketball
	Autumn 2	Gymnastics	Hockey
	Spring 1	Dance	Cricket
	Spring 2	Zumba	Tennis
	Summer 1	Gymnastics	Orienteering
	Summer 2	Circuits	Athletics
		<u>Outdoor/Indoor</u>	<u>Outdoor/Indoor</u>
5	Autumn 1	ROKT/Gymnastics	Netball
	Autumn 2	ROKT/Gymnastics	Football
	Spring 1	Ball Skills revisit and review	Golf
	Spring 2	Dance	Tennis
	Summer 1	Orienteering	Rounders
	Summer 2	Athletics	Athletics
6	Autumn 1	Gymnastics (Utopia)	Netball
	Autumn 2	Ball Skills revisit and review	Football
	Spring 1	Skipping	Team Building
	Spring 2	Dance	Tennis
	Summer 1	Rounders	Orienteering
	Summer 2	Athletics	Athletics